

Monday

Tuesday

Wednesday

Thursday

Friday



6

HAM, CHEESE & EGG
WHOLE GRAIN MUFFIN MELT
WG Mini French toasts
Blueberry Yogurt Parfait with Granola
Applesauce

7

BACON EGG & CHEESE WG BURRITO
Egg & Cheese WG Biscuit
Strawberry Yogurt Parfait with Granola
Pears

8

EGG, CHEESE & BACON WG PIZZA
Cheese & Egg WG Muffin Melt
Blueberry Yogurt Parfait with Granola
Peaches

9

SAUSAGE, CHEESE & EGG
WHOLE GRAIN BISCUIT
Whole Grain Pop Tart with cheese stick
Strawberry Yogurt Parfait with Granola
Banana

10

VETERANS DAY
No School

13

MINI WG FRENCH TOASTS
Egg, Sausage & Cheese WG Muffin Melt
Blueberry Yogurt Parfait with Granola
Peaches

14

FREE BREAKFAST!
EGG, HAM & CHEESE WG BISCUIT
Whole Grain Pop tart with cheese stick
Strawberry Yogurt Parfait with Granola
Applesauce

15

MINI WG WAFFLES
Bacon, Egg & Cheese WG Pizza
Blueberry Yogurt Parfait with Granola
Peaches

16

CHEESE & EGG WG BISCUIT
Egg, Cheese & Ham WG Burrito
Strawberry Yogurt Parfait with Granola
Banana

17

LUCKY CHARM WG DONUT
Ham, Cheese & Egg WG Flatbread
Blueberry Yogurt Parfait with Granola
Peaches

20

HAM, EGG & CHEESE
WHOLE GRAIN MUFFIN MELT
Mini WG French toast
Blueberry Yogurt Parfait with Granola
Pears

21

BACON, EGG & CHEESE WHOLE
GRAIN FLATBREAD
Egg & Cheese WG Biscuit
Strawberry Yogurt Parfait with Granola
Applesauce

22

NATIVE AMERICAN DAY
Vacation Day

23

THANKSGIVING DAY
Vacation Day

24

Vacation Day

27

WG PANCAKES WITH SYRUP
Egg, Sausage & Cheese WG Muffin Melt
Blueberry Yogurt Parfait with Granola
Oranges

28

SAUSAGE WG QUESADILLA
Egg & Cheese WG Biscuit
Strawberry Yogurt Parfait with Granola
Apples

29

BACON, EGG & CHEESE WG PIZZA
Cheese & Egg WG Muffin Melt
Blueberry Yogurt Parfait with Granola
Applesauce

30

BACON, CHEESE & EGG WG BISCUIT
Mini WG French Toasts
Strawberry Yogurt Parfait with Granola
Banana



Assorted Cereals with Toast Offered Daily,
%100 Assorted Fruit Juices Offered Daily
Local Ingredients are always used when in Season

Prices: Students \$1.00, Adults \$2.30 (tax included)

Fresh Fruits Offered Daily

Whole Grain Breads and Bread
Products Offered Daily

Ova-Lacto Vegetarian may contain Egg & Milk

Milk: 1% White, Fat Free White, Fat Free Chocolate
Offered Daily

This Institution is an equal opportunity provider and employer

Monday

Tuesday

Wednesday

Thursday

Friday

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